Plastic produce bags

3 yellow onion

1 Napa Cabbage

8 carrots

1 Swiss chard

1 Radicchio

1 cucumber (if looks good)

1 Italian parsley (if looks really good)

2 lbs. mushrooms

2 shallots

1 jalapeno

1 medium russet potato

1 red pepper

1 cauliflower

1 broccoli

3 servings zucchini or yellow squash

1 cube firm tofu

Red grapes

Strawberries (if looks good)

Bananas

3 servings of navel oranges ($1.29/lb.)

4 medium avocados (4/$5)

1 loaf of sliced bread

Hamburger buns

15 oz. tomato sauce

Calrose White Rice (medium grain)

Calrose Brown Rice

Minute Instant Rice, long grain (in box)

Salt (ionized)

1 cup coconut milk

8 oz. shredded sharp cheddar

Cheese sticks

2 lbs. Jennie-O ground turkey ($4.99/lb.)

3 packages of boneless, skinless chicken thighs ($3.99/lb.)

1 Mountain High Yogurt ($2.59)

Nonfat Milk

18-count eggs

Sweet, salted butter

1 bottle of Strawberry Torani Syrup (if no strawberry, then raspberry, blood orange, or some other red color, except watermelon)

Glad Cling Wrap (if on sale)

Advil (200 mg, caplets preferred but round okay)

**Ranch 99**

1 bunch of Chinese chives

Dried Shitake Mushrooms

Spicy Bean Sauce (Ma Po Sauce, Lee Kum Kee)

Timothy Hay (Pet Food Express)

Granola bars (order online)